

Alle Woche 36

Montag 02 Sep	Dienstag 03 Sep	Mittwoch 04 Sep	Donnerstag 05 Sep	Freitag 06 Sep	Samstag 07 Sep	Sonntag 08 Sep
				Tabata 07:15 - 07:45 <i>Beatrix Birki</i>		
Onko Fit Online Class 08:00 - 08:45 <i>Beatrix Birki</i>				Hatha Yoga II 08:00 - 09:00 <i>Sandra Kirchner</i>		
		Senioren Yoga 09:00 - 10:00 <i>Sandra Kirchner</i>				
YogaKids II 16:30 - 17:30 <i>Beatrix Birki</i>						
			Bauch Beine Po 16:45 - 17:45 <i>Beatrix Birki</i>			
	Kreativer Kindertanz 17:00 - 18:00 <i>Jessica Fink</i>					
		Functional Fit II 17:30 - 18:30 <i>Beatrix Birki</i>				
crosstraining outdoor 18:00 - 18:45 <i>Beatrix Birki</i>						
	Meditatives Hatha Yoga 18:30 - 20:00		Hatha Yoga II 18:30 - 19:30 <i>Sandra Kirchner</i>			